

# Behavior Change at the Garrison Institute



**Karen Ehrhardt-Martinez and Adam Meier**

Climate, Cities and Behavior Symposium

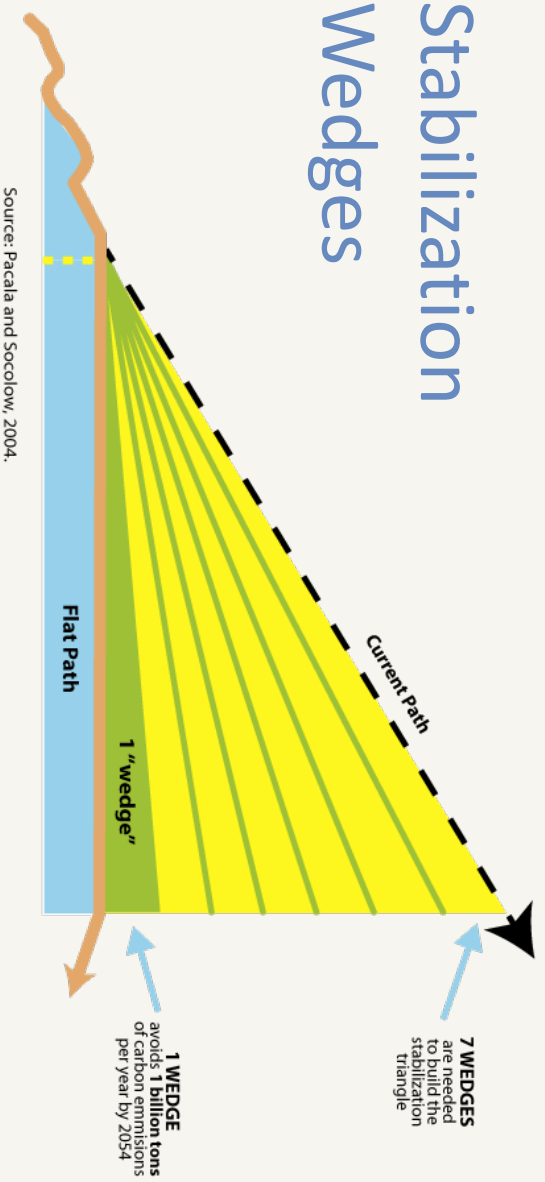
March 13-15, 2013



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# A Slice of the Pie: Profiling Behavioral Opportunities in Your City

## Stabilization Wedges



**Karen Ehrhardt-Martinez and Adam Meier**  
**(In collaboration with USDN)**

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# National Behavior Wedge Research

	Dietz et al. (2009)	Laitner & Ehrhardt-Martinez (2009)	Gardner & Stern (2008)
Focus:	Carbon Emissions Savings	Energy Savings Opportunities	Energy Savings Opportunities
Scope:	17 Household Actions	110 HH Actions (Roughly)	27 HH Actions (Roughly)
Potential Savings: Residential Sector	20% (of HH Direct Emissions)	22%	30%
Potential Savings: National	7.4% (of National Emissions)	9%	11%
Period to Achieve Max. Annual Savings	10 years	5 to 8 years	N/A

**Conservative estimates for Residential and Personal Transport only.**

# Savings by Behavior Type

	<b>Action Type</b>	<b>Estimated Savings (% of sector emissions)</b>
Invest.	Buy a more fuel efficient vehicle	13.5%
Low cost	Install and upgrade attic insulation and ventilation	Up to 7%
Beh.	Car pool to work with one other person	4.2%
Beh.	Replace 85% of all incandescent bulbs with cfls	4.0%
Beh.	Get frequent tune ups and air filter changes	3.9%
Beh.	Turn HH temperature down (heating) or up (cooling)	3.4%
Beh.	Alter driving practices (no jack rabbit starts, etc)	3.2%
Invest.	Install more efficient heating unit	2.9%
Invest.	Replace poor windows with high efficiency windows	2.8%
Beh.	Combine trips to ½ current mileage	2.7%
Beh.	Cut highway speed from 70 to 60 mph	2.4%
Invest.	Install more efficient AC unit	2.2%
	13 Other Actions	6.6%
	TOTAL potential savings (unadjusted)	58.8%
	TOTAL potential carbon savings (adjusted for HH eligibility and double counting of savings)	30%

[Results assume equipment is replaced at the end of old equipment's useful life.]

Source: adapted from Gardner and Stern (2008)

27 Actions Reviewed

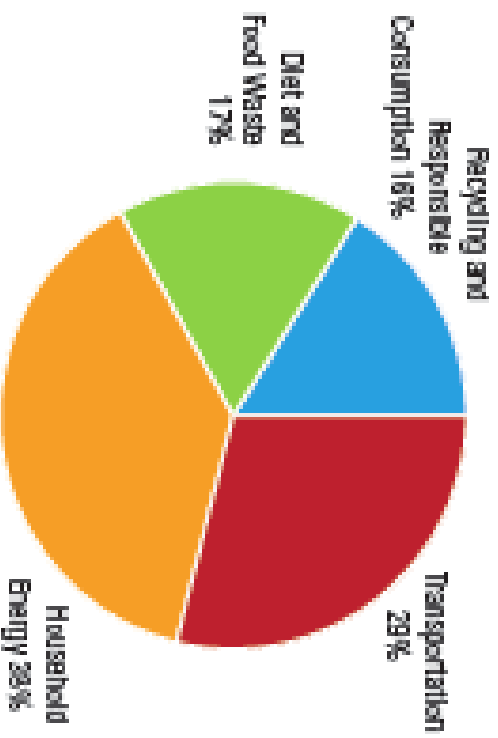


# More Comprehensive Assessment

## Simple and Inexpensive Actions Could Reduce Global Warming Emissions by One Billion Tons

Figure 1: Where in Our Lives We Can Reduce Our Impact

Share of Total Reductions, by Sector



The data in this pie chart was derived from the chart above.

Source: NRDC and Garrison Institute March 2010



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# Evidence from Crises Situations

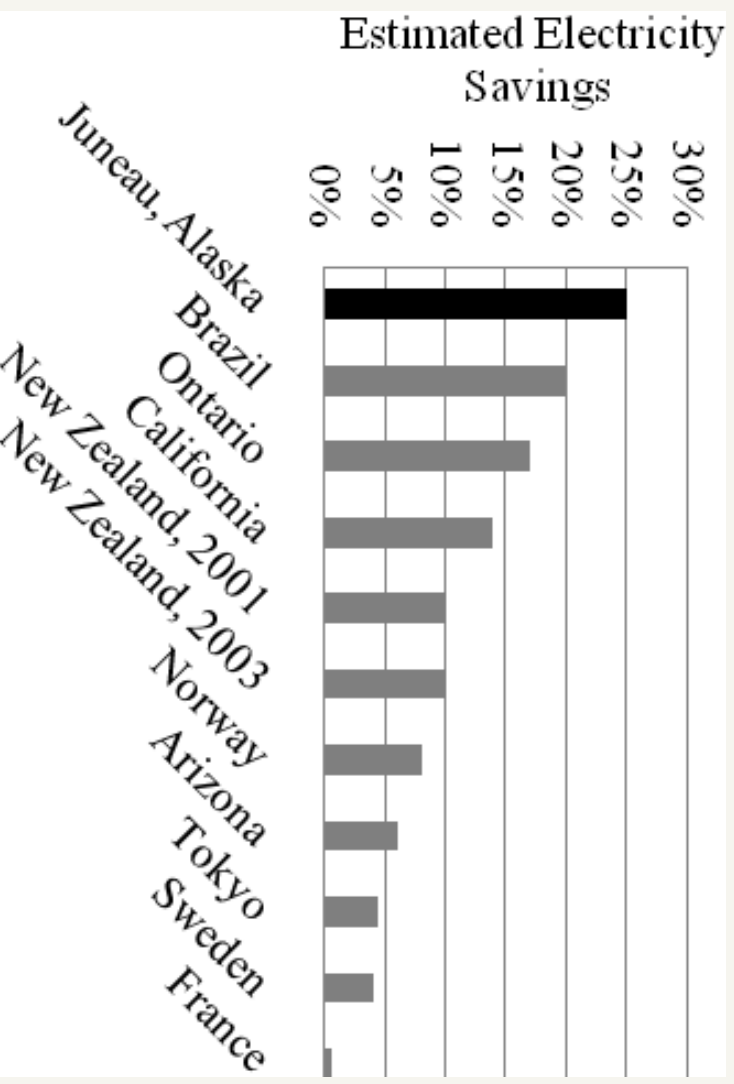
## What Happens in Juneau, Alaska?

Immediate  
community-wide  
electricity savings of  
25% and post-crisis  
savings of 8 to 10%.

2008 Avalanche



Estimated electricity savings



Source: Leighty and Meier 2010

# Residential Feedback

Average Household Electricity Savings (4-12%)  
by Feedback Type \*



# Behavioral Approach

## Benefits:

- ❖ Large Savings Opportunities
- ❖ Relatively Inexpensive
- ❖ Relatively Fast Change

## Questions:

- ❖ How to Create the Change?
- ❖ Where to Focus the Efforts?

## Problem/Need:

- ❖ National-level studies aren't helpful.
- ❖ City-level Information about Behavioral Opportunities is needed.





# Can We Create City-Level Wedges?

Cities have suggested that a BWP could help them:

1. Document the scale of behavioral opportunities,
2. Identify specific behaviors with the most promise of resource savings for a particular city,
3. Evaluate the relative importance of behavioral initiatives as part of a larger, city-wide sustainability, climate, and/or energy initiative,
4. Write more effective funding proposals,
5. Make the case for pursuing behavior-based opportunities with team members, supervisors, partner organizations, city councils, and others,



# City-level Behavior Wedge Profiles: What Cities Want and Need.

1. A low-cost approach:
2. A focus on achievable savings opportunities:
  - (Eligibility)  $\times$  (Likelihood of Participation)  $\times$  (Range of Savings)



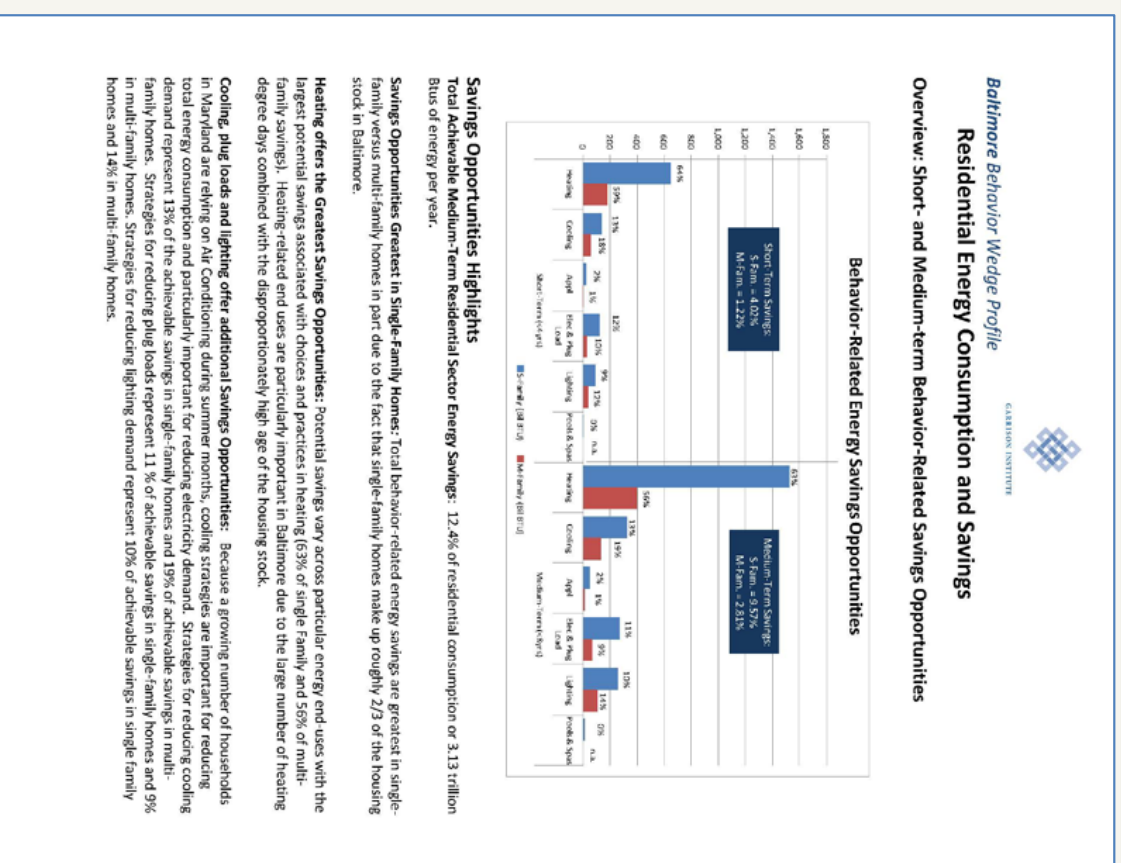
Line-Drying  
**Versus**  
Dryer



# The Sample Behavior Wedge Profile: Residential Energy Sector – Baltimore, Maryland

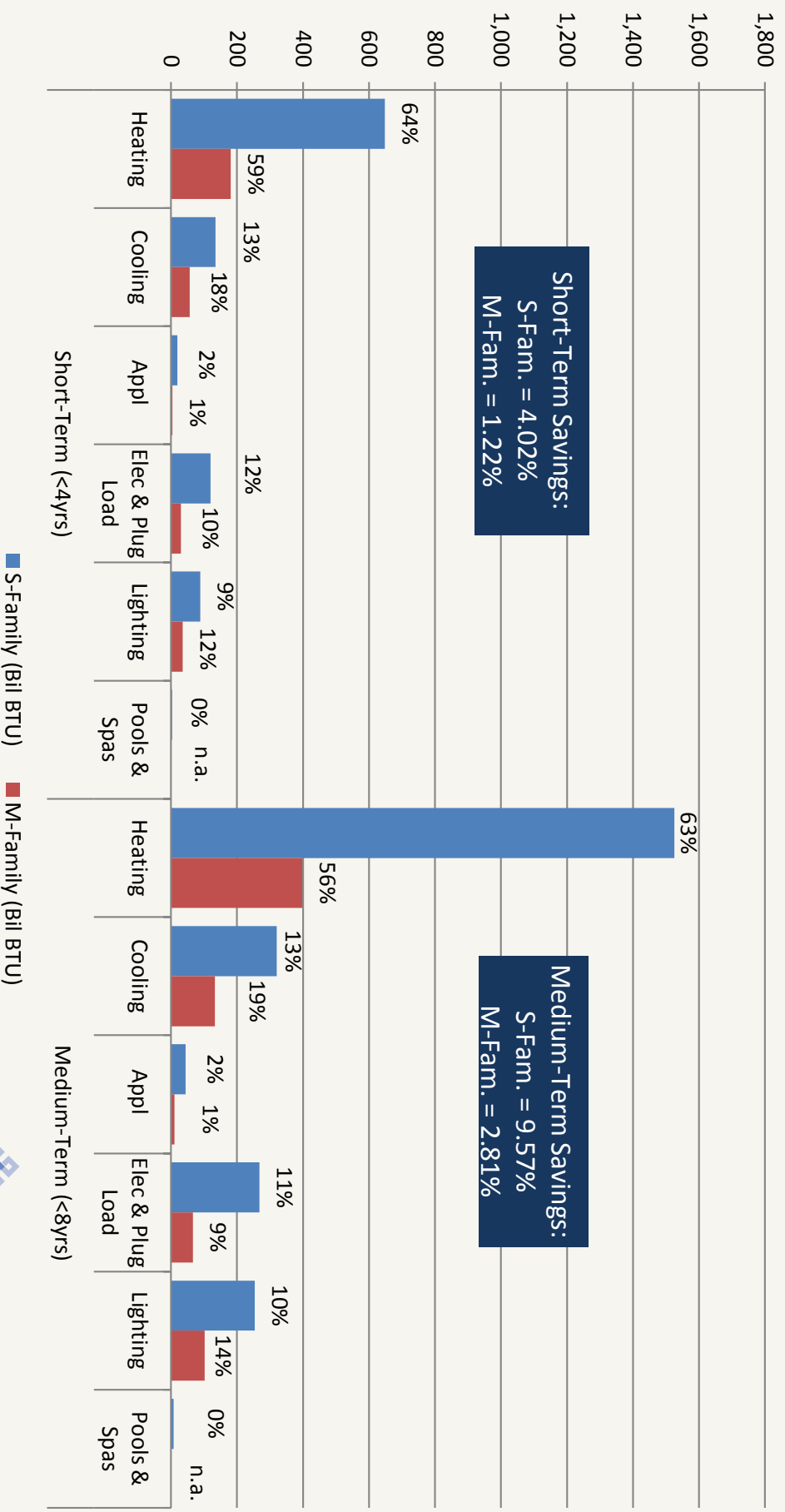
## Core Profile Components:

- Overview
- Top Ten Lists
- Opportunities by End-Use



# The Sample Behavior Wedge Profile: Residential Energy Sector – Baltimore, Maryland

Overview of behavior-related energy savings opportunities



# The Sample Behavior Wedge Profile: Residential Energy Sector – Baltimore, Maryland

## Top Ten Strategies for Reducing Energy Consumption in *Single Family Homes*

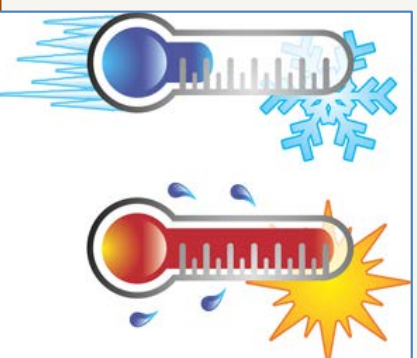
	Savings
1 Heating & Cooling: Setbacks and programmable thermostats	3.20%
2 Heating: Furnace maintenance	1.84%
3 Heating: Reduce wasteful heating practices	1.72%
4 Plug load: Plug Load management	1.09%
5 Heating & Cooling: Weatherization	1.06%
6 Lighting: CFL bulb replacement	0.89%
7 Heating: Accelerated furnace replacement	0.67%
8 Cooling: AC maintenance	0.43%
9 Electronics: Accelerated replacement of desktops with laptops	0.26%
10 Cooling: Alternative technologies and reductions in solar heat gain	0.20%
<b>Total Achievable Savings</b>	<b>11.36%</b>



# The Sample Behavior Wedge Profile: Residential Energy Sector – Baltimore, Maryland

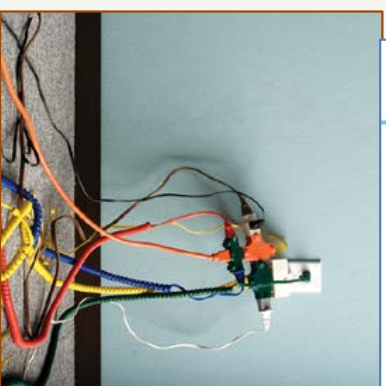
## End-Use Categories and Target Behaviors

Heating and  
Cooling



Appliances

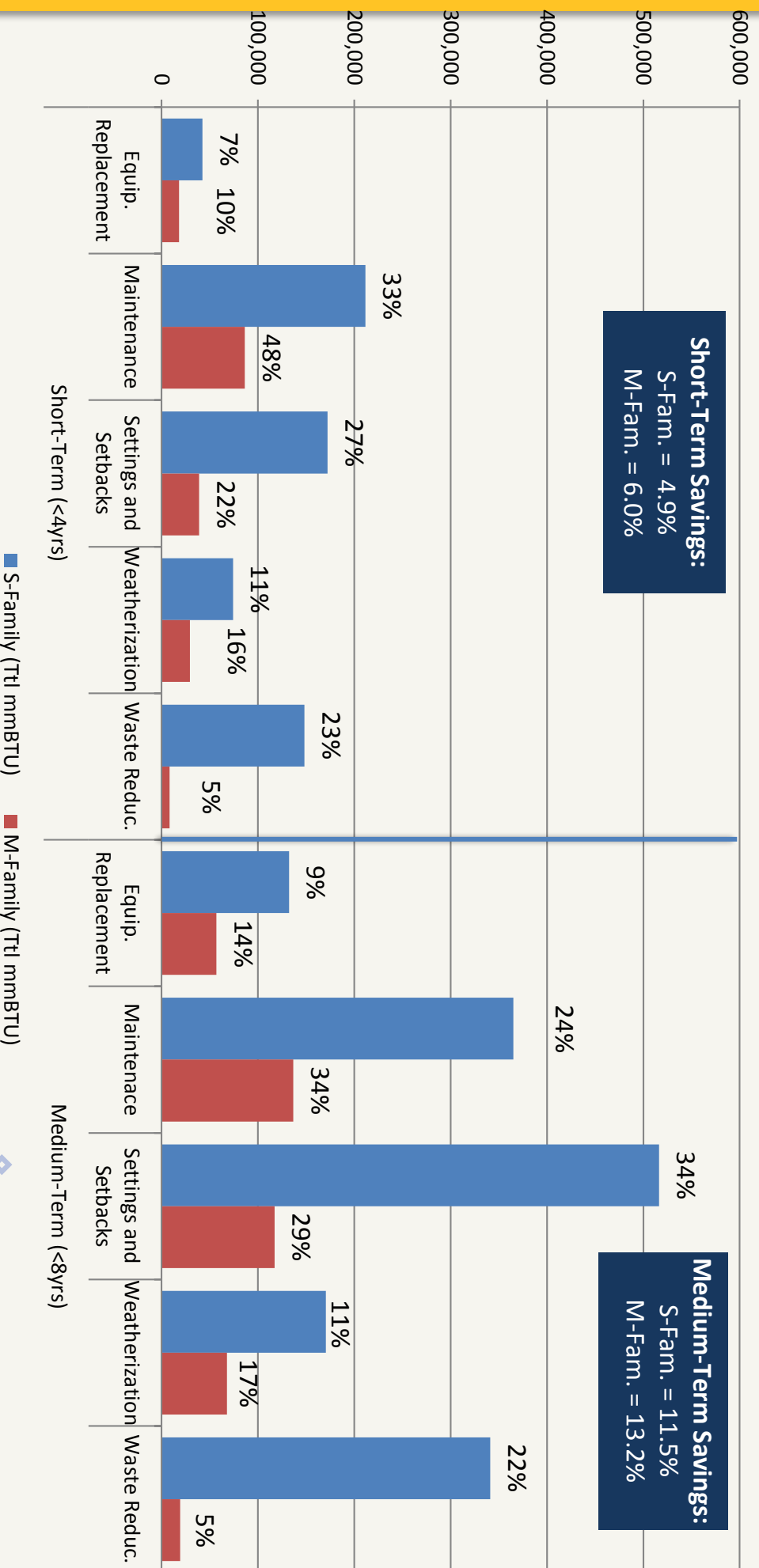
Plug Load &  
Electronics



Lighting  
(Pools  
And Spas)

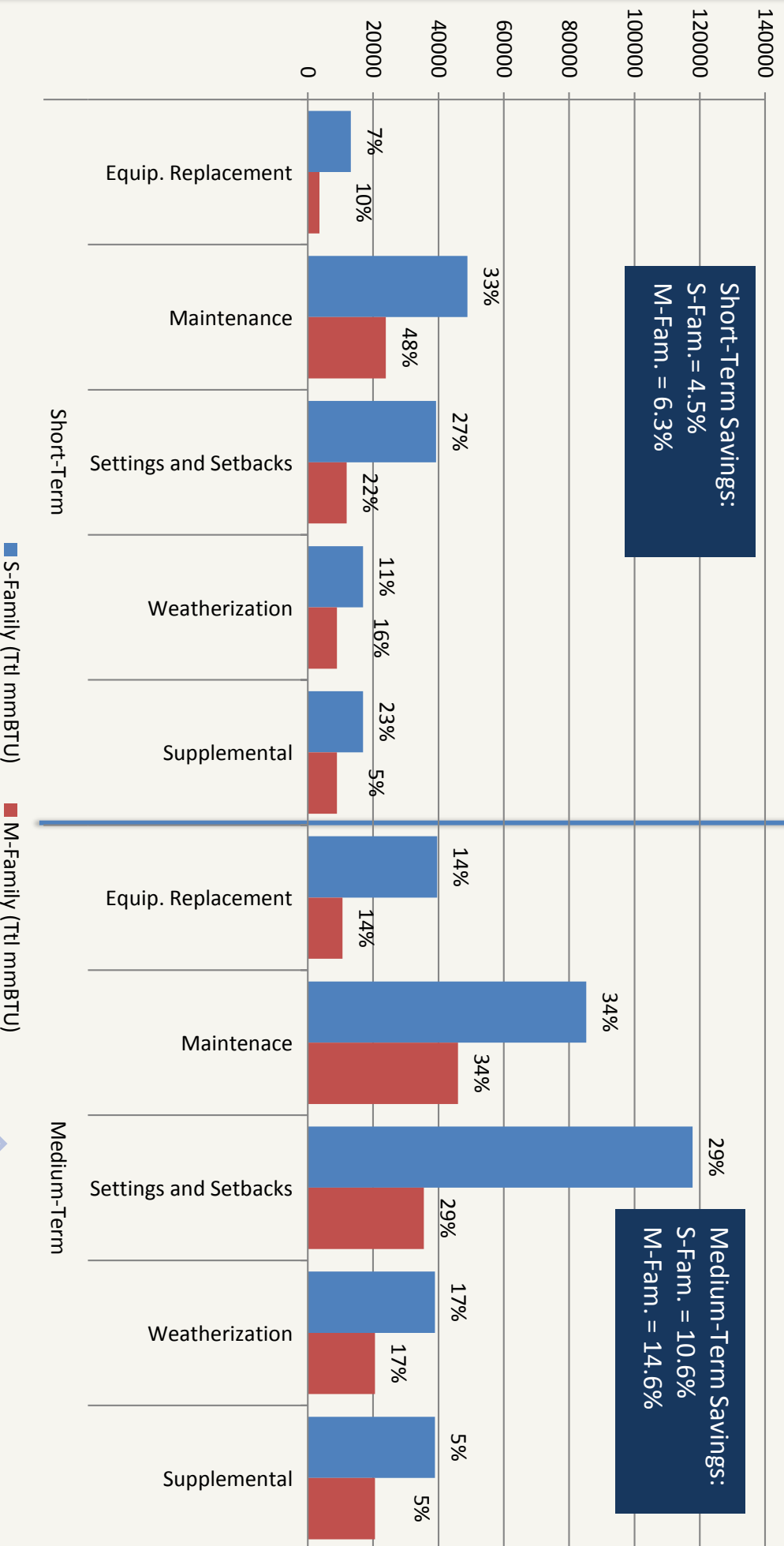
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## Achievable Savings from Heating-Related Practices



# The Sample Behavior Wedge Profile: Residential Energy Sector – Baltimore, Maryland

## Cooling-Related Energy Savings Opportunities





# Behavior Wedge Assessment Methodology

## Primary Data Source

- The Energy Information Agency's Residential Energy Consumption Survey (**RECS**)



## Behavior-Specific Algorithms

cooling conservation actions	$(\# \text{ of homes}) \times (\% \text{ of homes with central AC}) \times (\% \text{ of homes in which bedrooms} > \text{HH occupants}) \times (\text{short-term participation rate}) \times (\text{avg. BTUs for AC per HH}) \times (\text{est. \% savings per HH})$
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# Vision for a Fully Developed Behavior Wedge Profile

In addition to residential sector energy, a fully developed profile could contain assessments for:

- Commercial Sector energy/carbon
- Transportation Sector energy/carbon
- Food Sector energy/carbon
- Water-Related energy/carbon
- Waste and Recycling
- Underlying attitudes and opinions that shape our resource use practices



# Vision for a Fully Developed Behavior Wedge Profile

## Next Steps

- Forthcoming Report – Documentation of model and assessment.
- *USDN Webinar: May*

Refining the Residential sector model & developing the Commercial sector model

- Charlotte, NC
- Miami, FL
- Boston, MA
- Baltimore, MD
- Park City, UT

We hope to work with other cities as well!

- “Join the club!” eh, Tina?



# Contact Information

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