

Isabel Unanue is an educator, researcher, and therapist specializing in the intersection of trauma, spirituality, and global mental health. Isabel earned her PhD in Clinical Psychology at Palo Alto University, a Master's in Psychology in Education at Teachers College Columbia University, and a Bachelor's in Psychology at Yale University. Isabel's work has taken place globally in Rwanda, Central African Republic, and Kenya and domestically, with international immigrant and homeless populations. For her doctoral dissertation, Isabel returned to her home in Puerto Rico where she researched community transformation post-Hurricane María, results that have since been published in *Community Psychology in Global Perspective*. Moving forward, Isabel is interested in developing culturally-sensitive tools for historically underserved communities to foster emotional self-awareness and transformation.