



GARRISON INSTITUTE

# Traveling and Transportation to The Garrison Institute

The Garrison Institute is located directly off Route 9D in Garrison, New York, within Putnam County. The facility is 50 miles north of New York City and approximately 30 minutes south of Poughkeepsie, NY. Major highways nearby include Interstate 84, Route 9, the Palisades Parkway, and the Taconic State Parkway. We offer on-site parking for those who will arrive by car.

## TRAIN

Garrison, NY is just over an hour north from Grand Central Station in NYC. Take the Metro North Railroad to the Garrison Train Station via the Hudson Line. Train times vary but generally arrive and depart approximately every hour. Our complimentary, no-reservation-required shuttle service is available from the Garrison Train Station during registration check-in hours, which are typically 3 – 6pm. The Garrison Institute is approximately one mile away from the train station, and there is also a [walking\\_path](#) through the woods from the station to the Institute.

For travelers in the Albany area, AMTRAK service is available to Poughkeepsie, New York (approximately 1 hour train ride). Connect with a Metro-North commuter train in Poughkeepsie to Garrison (30 minute ride). Local taxi service is also available (see below).

For train schedules and more information, contact:

**Metro-North Railroad:** 1.877.690.5114 or visit [Metro-North Schedules](#)

**AMTRAK:** 1.800.872.7245 or visit [www.amtrak.com](#)

## WALKING DIRECTIONS FROM TRAIN

In addition to our shuttle service, there is a one-mile [walking\\_path](#) through the woods from the Garrison Train Depot to the Institute, which is lovely during good weather. Coming from NYC, head away from the river to the southernmost exit of the parking lot. Look for the sign that says “Arden Point”; the path heads into the woods. Stay straight on the path all the way to Garrison Institute. After about 10 minutes the path gets narrower, rockier, and somewhat uphill; you will need walking shoes. Eventually, you will see a sign for Garrison Institute and come to a big field. The Institute is on your left. Head up the steps to the front entrance.

## BUS

Shortline Bus service is available to the Poughkeepsie, NY station (approximately 30 minutes to Garrison). Upon arrival at the station, local taxi service is available (see below).

For local bus schedules and more information contact:

**Shortline Bus:** visit [www.coachusa.com/shortline](#)

**From New England:** Peter Pan Bus offers service into New York City where you can connect with a Metro- North train to Garrison.

For local bus schedules and more information contact: **Peter Pan Bus Lines:** 1.800.343.9999 or visit [www.peterpanbus.com](#)

# AIR

Garrison is accessible via the greater New York Metropolitan area airports: LaGuardia Airport, JFK Airport and Newark International Airport as well as the local-based Stewart Airport.

## LaGuardia and JFK Airports Queens, New York

**From LaGuardia/JFK:** Travel times to/from these NYC airports vary due to traffic and weather related conditions but are generally 1 hour and 30 minutes from LaGuardia and 1 hour and 45 minutes from JFK (Kennedy Airport).

1) Take an Uber/Lyft or taxi (located curbside) from the airport to the Grand Central Train Station in mid-town Manhattan, NY, where you can catch a Metro-North train on the Hudson Line to Garrison, NY. We provide a no-cost, no-reservation shuttle service from the local train station to the Institute during registration hours. This is the least expensive travel option. Allow approximately 3 hours for total travel time.

2) Additionally, the Metro-North train station Harlem- 125th Street (at 125th St. & Park Ave.) receives/drop off passengers travelling on the Hudson Line. For air travelers arriving at LaGuardia airport, this station is much closer than Grand Central Station and will be less expensive for transportation to/from the airport.

3) Rent a car at the airport. Garrison is approximately a 1 hour and 30 minute drive. Car service rates vary but cost between \$225 and \$273 for service to and from LaGuardia and \$247 to \$300 for service to and from JFK one-way (including tip & gratuity).

## Newark International Airport Newark, New Jersey

**From Newark:** Travel time to/from this NY metro airport varies due to traffic and weather related conditions but is generally 1 hour and 30 minutes.

1) Take an Uber/Lyft or a taxi (located curbside) from the airport to Grand Central Train Station in mid-town Manhattan, NY. Alternatively, you can take AirTrain Newark (located at your terminal) from the airport to Penn Station (West 34th).

Grand Central is accessible from Penn Station by public transit or taxi; it is a 25 minute walk. At Grand Central, you can catch a Metro-North train on the Hudson Line to Garrison, NY. Trains arrive into Garrison approximately every hour.

2) Rent a car at the airport. Garrison is approximately a 1 hour and 30 minute drive. Car service rates vary but cost between \$213 and \$242 (including tip & gratuity).

For more detailed information on these NYC Metro Area Airports visit [www.panynj.gov](http://www.panynj.gov).

**LaGuardia Airport, Queens, NY:**  
[www.laguardiaairport.com/](http://www.laguardiaairport.com/)

**John F. Kennedy Airport, Queens, NY:**  
[www.jfkairport.com/](http://www.jfkairport.com/)

**Newark International Airport, Newark, NJ:**  
[www.newarkairport.com/](http://www.newarkairport.com/)

## Stewart International Airport New Windsor, New York (off I-84)

**From Stewart:** Travel time to/from this smaller local airport varies due to traffic and weather related conditions but is generally 40 minutes.

1) Take an Uber/Lyft or a taxi (located curbside) from the airport to the Metro-North Train Station in Beacon, NY, where you can catch a train on the Hudson Line to Garrison. We provide a no-cost, no reservation shuttle service from the train station to the Institute during check-in hours. This is the least expensive travel option—allow at least 1 hour travel time.

2) Take an Uber/Lyft, call a taxi, or rent a car at the airport. Garrison is approximately a 40 minute drive. Car service rates vary but cost \$85-\$132 one way.

For general information about Stewart Airport contact:

**Stewart International Airport, New Windsor, NY:**  
visit [www.panynj.gov](http://www.panynj.gov)

## TAXI & CAR SERVICE

For traveling to and from the Garrison Institute, we can suggest the following transportation vendors:

### Local Service:

Cold Spring Taxi, Cold Spring: 845.265.2200 (\$)   
Izabela Taxi, Peekskill: 914.830.6977 (\$\$)

### Airport Service:

Alley's Way Taxi: 845.265.8294

Lyft & Uber are available in the Garrison area. When searching for local service, please expand your search radius to include Peekskill and Beacon for best results, and plan to request a car at least thirty minutes prior to your departure. Additionally, please note that Uber allows users to schedule pick-ups in advance.

The Garrison Institute is not responsible for third-party vendors, such as taxi services and ride-sharing companies and others that the Institute does not own. The names and contact information for these vendors are provided as a courtesy to our guests but we are not responsible for their services.

## DRIVING DIRECTIONS & MAPS

**14 Mary's Way, Route 9D, Garrison, NY 10524**

If you experience difficulty, please use the address of the neighboring Highland Country Club at 955 Route 9D, Garrison, NY 10524 to guide you to the Garrison Institute's entrance on 9D.

### FROM NEW JERSEY

Take I-95 to the Palisades Parkway North Exit (this is a LEFT exit). From there, follow "Option 1" direction from Manhattan.

### FROM THE NORTH

Take the **Taconic State Parkway South** to the first exit for **Cold Spring/Route 301 West**. Take a **right** off the ramp onto Route 301; follow to the Village of Cold Spring, and proceed with "**Option 2**" directions from Manhattan.



