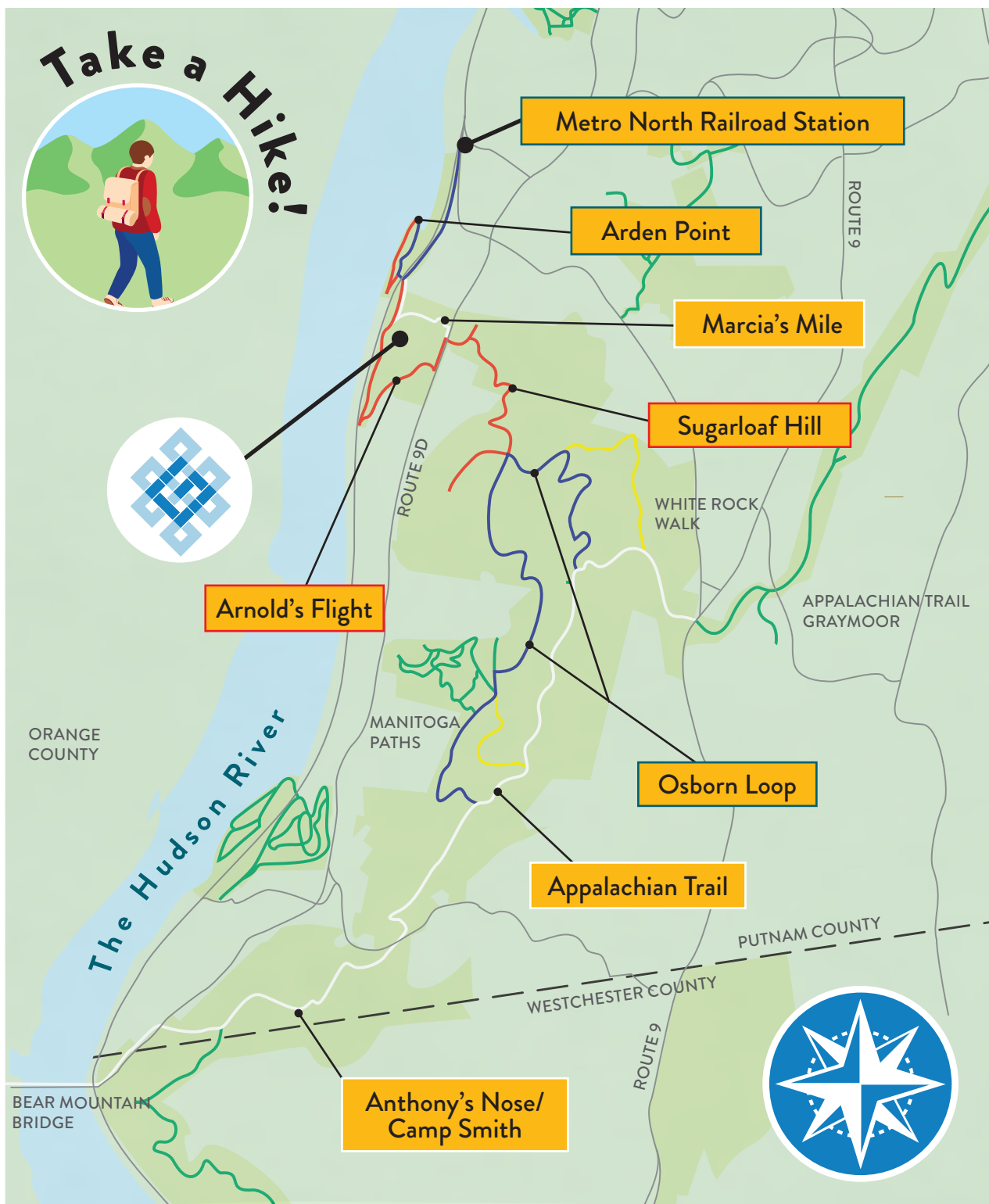
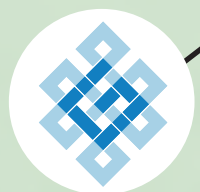


Take a Hike!



Trail Map

Hike Smart! Remember to wear proper hiking gear, bring plenty of water, and stay on marked trails at all times. All trail representations are approximate. Best efforts have been made to describe these hikes accurately. Over time, things change. Trees with trail markers will fall; a trail may be re-routed. Use your best judgement when a description does not seem precise.

We suggest that this hike brochure be used in concert with the detailed trail maps by the New York-New Jersey Trail Conference, East Hudson Series listed below.

Additional Map Resources:

Additional trail maps: nynjtc.org, philipstown.com
Well known hikes: Anthony's Nose, the Appalachian Trail, and Breakneck Ridge.

Enjoy the nature and culture of our area.

Area Attractions:

Boscobel House and Gardens
Manitoga Estate
Downtown Cold Spring
United States Military Academy, West Point



garrisoninstitute.org

Nearby Hiking Trails

Arden Point & Marcia's Mile

(easy, 2.2 mi., 1.5 hr. from start to finish)

A hike around a magnificent promontory to a gazebo with views of the Hudson River.

Walk down to the main lawn towards the river to edge of the lawn, and follow the trail to the right towards the gazebo on the red-blazed trail. The large gazebo has a beautiful view of the river and Highland Falls on the opposite bank. Marcia's Mile was created by the Open Space Institute in memory of Marcia Favrot, a local artist and environmental advocate. Follow the stone step down the hill, take a left, and follow the white-blazed trail. After 0.2 miles, the trail ends at a steel truss bridge that goes over the railroad tracks. (Note this spot, as the next section of the path is a loop, and you will return to this bridge to return to the Institute.)

If you continue straight ahead on the woods road, you will follow a blue-blazed trail for a 0.5 mile walk to the Garrison Train Station. To continue on to Arden Point, turn left and cross the railroad bridge. Immediately after crossing the bridge, turn right and follow the blue-blazed trail onto a footpath, passing through a mixed forest of deciduous trees and white pines.

Near the north end of Arden Point, the blue-blazed trail ends in 0.3 miles at an intersection with a red-blazed trail. Bear right onto the red-blazed trail and follow it past an old stone wall and down stone steps, where there is a great view north up the Hudson River, with West Point visible to the left, on the west shore, and Bull Hill of the East Hudson Highlands in the background.

After enjoying the view, retrace your steps on the red-blazed trail and continue to follow it when it veers right at the intersection with the blue-blazed trail. As the red-

blazed trail heads south, there are a few short side trails leading to the water's edge with more views west across the river. Near the southern tip of the point, at 0.4 miles, the red-blazed trail makes a sharp left turn. Bear right and continue ahead on a wide path (no blazes) to a rock outcrop with a bench, at the southern end of the point, which affords a panoramic south-facing view, with the Bear Mountain Bridge in the distance. From this point, follow a wide woods road north a short distance back to the railroad bridge. Cross the bridge, turn right (south) onto the white-blazed Marcia's Mile trail and walk up the hill to return to the Garrison Institute.

Glenclyffe Loop/Benedict Arnold Escape Path

(easy, 1.6mi., 1hr. from start to finish)

A loop on the Glenclyffe property in Garrison, offering fields, streams, gentle rocky slopes and ridges. A portion of the trail follows the route taken by Benedict Arnold in 1780 when he escaped to the British Army.

Leave Garrison Institute's parking lot, and walk to Mary's Way (the main road into Garrison Institute). Before you reach Route 9D turn right by the Glenclyffe sign and walk south on the field next to the line of trees along Route 9D. At the end of the field, follow the red and white blazes as they descend the side of a hill, follow the edge of the pond, and cross a concrete bridge over a stream, turn right to the kiosk describing Benedict Arnold's famous flight. The trail continues southwest along a woods road until it turns right and ascends a hill. At the top, the trail goes both south and north. Turn left (south) and walk a short distance to a beautiful seating area that overlooks the spot on the Hudson where the dock was located from which Benedict Arnold made his famous escape to the British warship.

Retrace your steps to the trail junction and then head north (straight) to continue the loop. The trail winds around the former Hamilton Fish mansion and ends at a road across the current Philipstown Community Center. An arrow indicates a left turn on the road which the trail follows for a short distance until another arrow (before a large stone urn) indicates the trail goes left of the road. Follow the trail markers west then north on a rocky bluff

overlooking the river. Continue to follow the blazes to the gazebo overlooking the Hudson River, a nice spot for a break. Exit the gazebo to the north down the path to a woods road that is part of Marcia's Mile indicated by blazes. Left takes you to Arden Point and the Garrison Train Station.

To return to the beginning of the loop, follow Marcia's Mile as it goes right (south) and takes an immediate left. The trail then takes another sharp left into the woods. Follow the markers closely as they ascend a hill, go straight for a short while, and then take a hard right, cross a field and exit on Glenclyffe Road just west of the parking area.

Sugarloaf Hill

(moderate, 3.2 mi., 2 hr. from start to finish)

An out and back hike in Hudson Highlands State Park. At the top is a spectacular view south of the Hudson River, Bear Mountain Bridge and Anthony's Nose.

Leave Garrison Institute's parking lot, and walk to Mary's Way (the main road into Garrison Institute). Cross Route 9D and take a right. Walk until you see two stone pillars entitled "Wing & Wing" and "Castle Rock", and follow the road as it bears left past the red barn. On the hill to the east is Castle Rock, a privately owned Cinderella-style castle built in 1881 by William Henry Osborn. Walk on the driveway past the front of the brown house, bear right at the fork where the sign indicates "parking" and "trail" to the left, and go past the entrance to a private residence and look for a sign that reads "Hikers this way," followed by red blazes. The trail takes a sharp left turn and crosses a large open field. Before entering the woods, turn around for a wonderful view of West Point. The red-blazed trail then leaves in front of a beautifully restored gazebo.

After a few minutes, the blazes make a sharp left onto one of the many constructed carriage roads built by the Osborn family. (Note this turn well, as it is easy to miss on the way back.) After several switchbacks and past a pond on the left, the trail meets the blue-blazed Osborn Loop Trail and the red-blazed trail takes a sharp right and steeply ascends Sugarloaf Hill (0.5 mile). At the top follow the trail south along the ridgeline to a fabulous view to the south. Return by the same route.